Your PTA has tools and resources to help support your child in education, the arts, health and safety and community engagement. Sample some or all of these activities hosted by PTA.

**Your Child’s Education**
Supporting your child’s success means more than helping with homework. Here are a few meaningful ways you can engage in the educational experience:

✓ Download our Parents’ Guides to Student Success for advice on enhancing learning at home.
✓ Experience hands-on ways to enrich reading skills with PTA Family Reading Experience, powered by Kindle®.
✓ Take Your Family to School this February for our week-long nationwide event!

**Your Child’s Health & Safety**
Your child’s physical and emotional health and safety are important for overall success. Learn how you can make healthy and safe choices – easy choices.

✓ Participate in PTA Healthy Lifestyles Month each November!
✓ Learn how to balance diet and exercise with Energy Balance 101.
✓ Access the Safety at Home and at Play Toolkit to teach your children about safety.
✓ Prevent bullying with PTA’s Connect for Respect®.

**Your Child & the Arts**
A quality arts education helps your child develop critical thinking skills.

✓ Encourage your child to participate in National PTA® Reflections program and bring art to life through dance, film production, literature, music, photography, and visual arts.

**Your Family, School & Community**
PTA connects your family to other families, as well as the resources and support your child needs in the school and community.

✓ Say thanks to your child’s teachers annually with PTA Teacher Appreciation Week in May.
✓ Stay informed! Subscribe to National PTA’s e-newsletters and follow us on Facebook, Twitter and Pinterest.

Provide feedback to your PTA or get involved as a volunteer! Every voice matters when it comes to making your child’s school the best it can be. Visit [PTA.org/Join](http://PTA.org/Join) or call (800) 307-4PTA (4782).