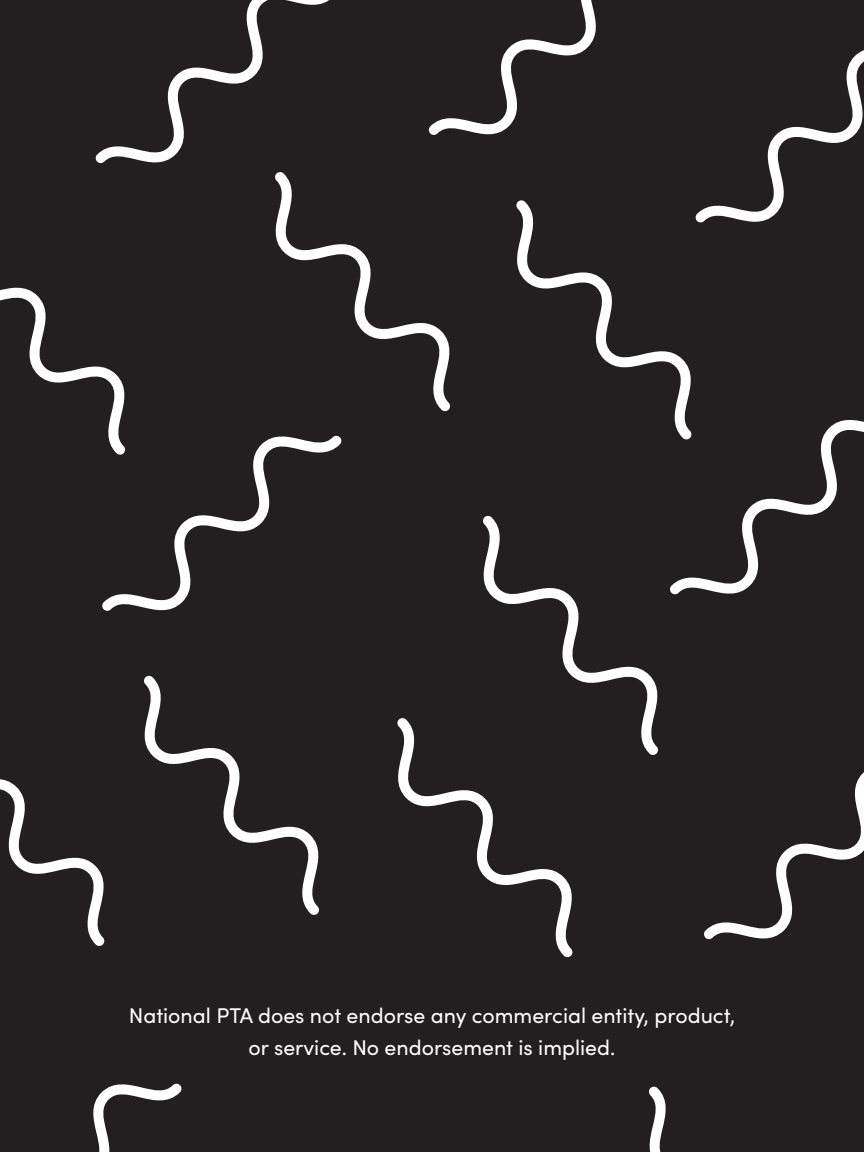


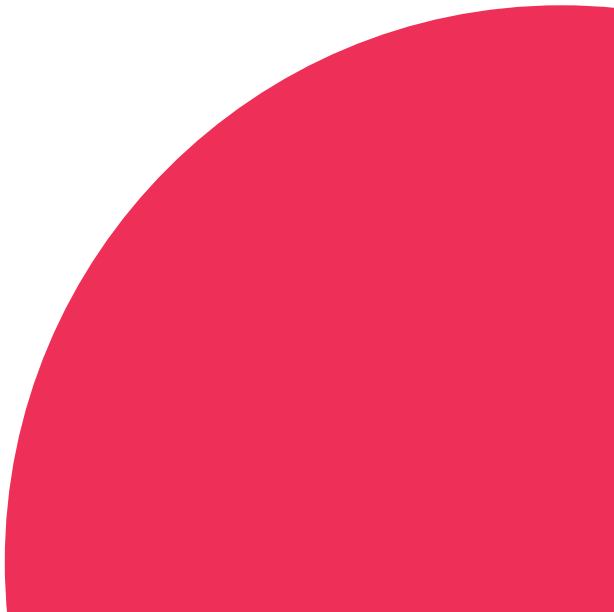
# TikTok Tips






National PTA does not endorse any commercial entity, product,  
or service. No endorsement is implied.

**When you see  
your friend  
being bullied in  
the comments  
online.**



Online bullying can take many forms, from a trolling video to an unwanted comment.

You can report inappropriate posts, comments, or people right when you see them by using built-in reporting features.




**When you get a  
follow request  
from someone  
you don't know.**

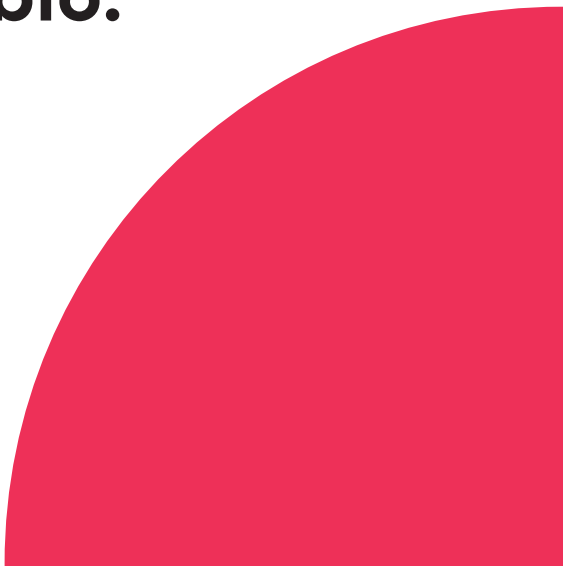


You can control who can watch your videos and be your friend online.


You don't have to accept every follow request. It's safest to have only followers who you know IRL. In your Privacy Settings, enable a private account, which restricts viewing of your content to followers only.



**When you notice  
that your friend  
has their  
birthdate and  
home address in  
their bio.**



Remember anyone can see your bio.  
Protect your identity and be thoughtful  
about the information you share online.






**When you  
notice a fellow  
user seems upset  
and posted  
something sad.**



We're on a mission to promote positive vibes.

Reach out like you would to a friend at a party using the in-app tools. Help keep users safe through the Report feature.




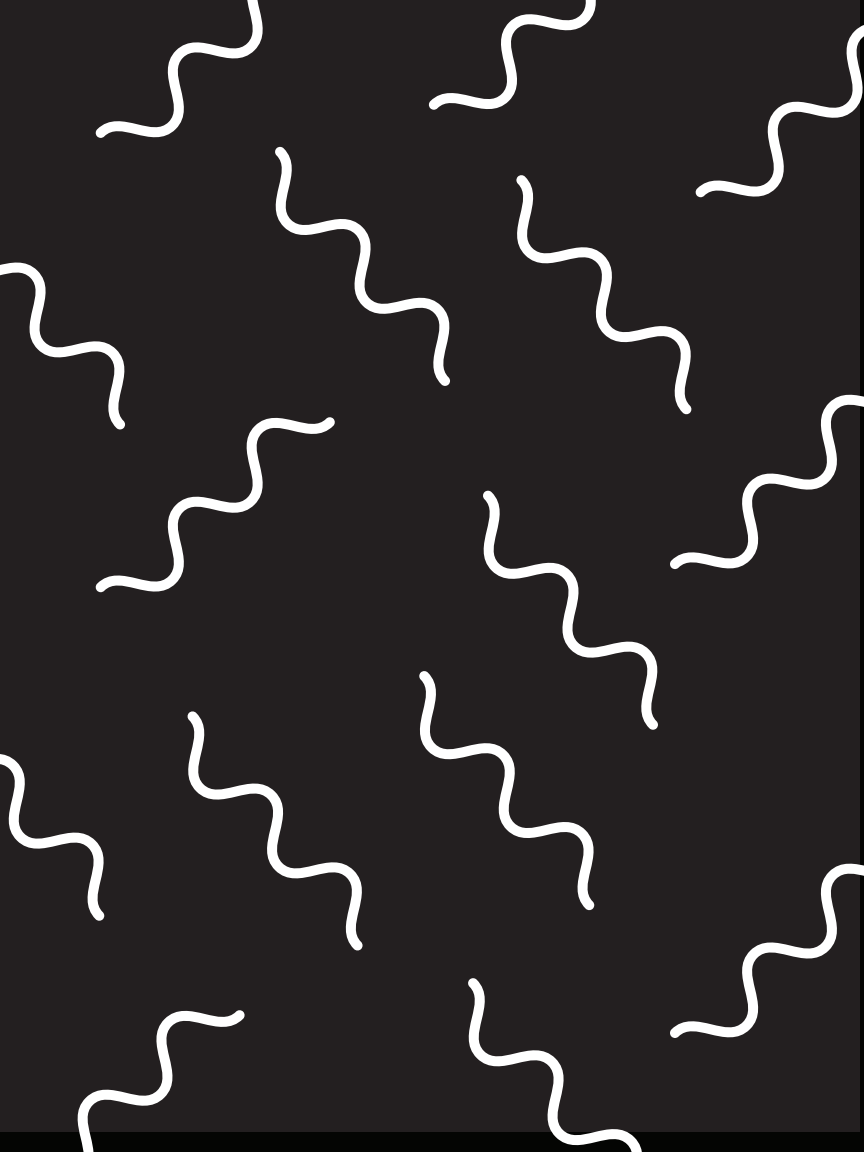
**When you can't  
put your phone  
down at dinner.**



Control how much time you spend online in the Digital Wellbeing option in your Privacy and Settings.

Screen Time Management helps you hold yourself to two hours on the app per day. With this setting enabled, you will need to enter your passcode to continue using TikTok past that limit.







[TikTok.com/@NationalPTA](https://TikTok.com/@NationalPTA)

Check out TikTok's educational safety  
video series at

[PTA.org/TikTok](https://PTA.org/TikTok)

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