

## PTA Supplemental Reading List

### Facebook Basics

- Parents @ guide for Facebook - [Parents Guide for Facebook.pdf](#)
- Parents guide for Instagram
- Recent announcements by Facebook (news room posts)
  - [Time Spent Tools](#)
  - [Child Safety Hackathon](#)
  - [Global Safety Summit](#)
  - [Hard Questions: So Your Kids Are Online, But Will They Be Alright?](#)
  - [Facebook Privacy Basics](#)

### Resources Developed with Experts

- [Bullying Prevention Hub developed with the Yale Center for Emotional Intelligence](#)
- [Digital Literacy Library developed with Youth and Media Researchers at Berkman Klein Center, Harvard University](#)

### Hear from the Experts

- Bullying: [Cyberbullying.org - Cyberbullying Resources](#)
  - NetFamilyNews <https://www.netfamilynews.org/for-this-bullying-prevention-month-a-bit-of-clarity>
  - NetFamilyNews: <https://www.netfamilynews.org/tech-likely-not-the-main-problem-in-cyberbullying-breakthrough-study>
  - UNH (Crimes Against Children Research Center, or CCRC) [bystanders responses](#)
- Mental Health: NetFamilyNews: [How youth address mental health issues: Groundbreaking study](#)
- Screen Time:
  - London School of Economics: [Screen time for kids: Getting the balance right, How dropping screen time rules can fuel extraordinary learning](#)
  - Mimi Ito, PhD: "[How dropping screen time rules can fuel extraordinary learning](#)"
  - Video interview by NPR's Anya Kamenetz, author of *The Art of Screen Time* (PublicAffairs, 2018): "[Parenting in the Age of Screen Time](#)"
- Sexting:
  - Megan A. Moreno, MD, MEd, MPH: [What Parents Need to Know About Sexting](#)
  - Massachusetts Aggression Reduction Center: [Low Risk Associated With Most Teenage Sexting: A Study Of 617 18-Year-Olds](#)
  - NetFamilyNews: [compendium](#)
  - NetFamilyNews podcast: [Teen Sexting – Flipping Out Is Not the Answer](#)
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- Sextortion:
  - Thorn: [Stop Sextortion campaign](#)
  - [Cyberbullying.org: Sextortion](#)
- Viral challenges:
  - NetFamilyNews: [About 'Momo' & dealing with viral media scares](#)
- Media Literacy:
  - [Newseum](#)
  - NAMLE's "[A Parent's Guide to Media Literacy](#)"
  - NetFamilyNews "[Media literacy may take a village now](#)"
- General Tips:
  - <https://cmch.tv/families-online/>

