PTA Supplemental Reading List

Facebook Basics

- Parents @ guide for Facebook - [Parents Guide for Facebook.pdf](#)
- Parents guide for Instagram
- Recent announcements by Facebook (news room posts)
  - [Time Spent Tools](#)
  - [Child Safety Hackathon](#)
  - [Global Safety Summit](#)
  - [Hard Questions: So Your Kids Are Online, But Will They Be Alright?](#)
  - [Facebook Privacy Basics](#)

Resources Developed with Experts

- [Bullying Prevention Hub](#) developed with the Yale Center for Emotional Intelligence
- [Digital Literacy Library](#) developed with Youth and Media Researchers at Berkman Klein Center, Harvard University

Hear from the Experts

- **Bullying:** [Cyberbullying.org - Cyberbullying Resources](#)
  - NetFamilyNews: [https://www.netfamilynews.org/for-this-bullying-prevention-month-a-bit-of-clarity](#)
  - UNH (Crimes Against Children Research Center, or CCRC) bystanders responses
- **Mental Health:** [NetFamilyNews](#): [How youth address mental health issues: Groundbreaking study](#)
- **Screen Time:**
  - London School of Economics: [Screen time for kids: Getting the balance right, How dropping screen time rules can fuel extraordinary learning](#)
  - Mimi Ito, PhD: "[How dropping screen time rules can fuel extraordinary learning](#)"
  - Video interview by NPR’s Anya Kamenetz, author of *The Art of Screen Time* (PublicAffairs, 2018): "[Parenting in the Age of Screen Time](#)"
- **Sexting:**
  - Megan A. Moreno, MD, MSED, MPH: [What Parents Need to Know About Sexting](#)
  - Massachusetts Aggression Reduction Center: [Low Risk Associated With Most Teenage Sexting: A Study Of 617 18-Year-Olds](#)
  - NetFamilyNews: [compendium](#)
  - NetFamilyNews podcast: [Teen Sexting – Flipping Out Is Not the Answer](#)
• Sextortion:
  o Thorn: Stop Sextortion campaign
  o Cyberbullying.org: Sextortion

• Viral challenges:
  o NetFamilyNews: About 'Momo' & dealing with viral media scares

• Media Literacy:
  o Newseum
  o NAMLE's "A Parent's Guide to Media Literacy"
  o NetFamilyNews "Media literacy may take a village now"

• General Tips:
  o https://cmch.tv/families-online/