**Create with Kindness: Student Panel Prompts**

Use these questions during your ***Create with Kindness*** student panel.

1. Do you use TikTok? Why do you enjoy using it?
2. How do you use TikTok in your life? What types of videos show up in your For You feed? What kind of creators do you follow?
3. Can you describe an example of when you’ve used…or seen someone else use…TikTok to spread positivity or joy?
4. What do you wish parents and adults knew about platforms like TikTok?
5. Do your parents monitor what you are doing online?
6. Have you ever sat down with your parent or caregiver and discussed guidelines or rules around what you can do online? If so, how did that conversation go?
7. If you’ve ever come across something dangerous online, what did you do about it?
8. Have you had a negative experience on social media? What tools have you used, or actions did you take?
9. Sometimes being online can make you feel pressured: pressured to constantly “on,” or to chase “likes,” or to get views, or that you are in a “best life” competition, or that you must always look and act perfect. What do you do when you feel like you need to take a break?

**[Ask everyone this question]**

1. Are there any other things adults can do to help the teens in their lives responsibly navigate technology?

**Tips**

* Share these questions with your student panelists ahead of time, so they have time to prepare.
* Time will not allow for everyone to answer every question, so have each panelist choose which questions they will answer.