Session Agenda: Create with Kindness Self-Paced Program

Event Time: Lecture, 15 min.; family activities, no time limit
Target Audience: Teenagers 13-18 and their parents/caregivers

Welcome ........................................................................................................................................... 2 min.
  ● Review session objective, purpose and format
  ● Temperature check

Social Media Overview .................................................................................................................. 5 min.
  ● Why being online is important
  ● TikTok overview
  ● Why kindness matters

What Can Families Do? ............................................................................................................... 3 min.
  ● Support your teen online
  ● Consider parental controls
  ● Explore Family Pairing

Family Discussion/Activity ......................................................................................................... 2 min.
  ● Setting family rules for being online
  ● What would you do?

Keep the Conversation Going .................................................................................................. 2 min.
  ● Overview of The Smart Talk

Closing ........................................................................................................................................... 1 min.
  ● Complete and turn in evaluations