## **PTA Connected: Build Up and Belong**

## **Additional Resources**

**Keep the Conversations Going:**

[**The Smart Talk**](https://thesmarttalk.org) **(PTA)**

Developed in partnership with Norton, The Smart Talk is an online tool that helps parents and caregivers have proactive, positive conversations with their kids. Using a series of guided questions, this online tool allows kids ages 5-18 to actively participate in setting limits around device use, digital safety, privacy, communication, health and wellness, and media choices. The end result is a personalized family technology agreement that is created based on individual responses.

[**Digital Citizenship Resources for Family Engagement**](https://www.commonsense.org/education/family-resources) **(Common Sense Education)**

Common Sense Education offers a wide range of materials and resources for both educators and families to talk about online safety and digital citizenship. These family resources include prompts for family conversations, tips, and family activities that focus on topics like media balance, privacy and security, and digital footprint.

[**Family Media Plan & Media Calculator**](https://www.healthychildren.org/English/media/Pages/default.aspx#home) **(American Academy of Pediatrics)**

By creating a Personalized Family Media Use Plan, you can be aware of when you are using media to achieve your purpose. This requires parents & users to think about what they want those purposes to be. These tools will help you to think about media & create goals & rules that are in line with your family’s values.

**Resources From Parents, For Parents:**

[**Talking About Online Safety with Your Teen**](https://discord.com/safety/360044154611-Talking-about-online-safety-with-your-teen) **(Discord)**

Discord believes that online safety is about more than just which app your teen uses. Making sure they are able to think critically about their behavior online, the content they encounter, and how they interact with others will go a long way in keeping them safe. To help you in these conversations, they asked Discord parents to share a few tips they use with their own teens.

[**Digital for Good: Raising Kids to Thrive in an Online World**](https://www.amazon.com/dp/B08CGWJZR1/ref=dp-kindle-redirect?_encoding=UTF8&btkr=1) **(Richard Culatta)**

In Digital for Good, EdTech expert Richard Culatta argues that technology can be a powerful tool for learning, solving humanity's toughest problems, and bringing us closer together. He offers a refreshingly positive framework for preparing kids to be successful in a digital world—one that encourages them to use technology proactively and productively—by outlining five qualities every young person should develop in order to become a thriving, contributing digital citizen.

**Learn More:**

* **Discord** [**Safety Center**](https://discord.com/safety)
* [**Parent's Guide**](https://www.pta.org/docs/default-source/files/programs/pta-connected/2022/smart-talk/resources-for-families/parents-guide-to-discord.pdf) **to Discord (ConnectSafely)**