

## IN-PERSON AND AT-HOME PROGRAMS

# Select Your Program Model and Delivery Methods

National PTA programs are designed to meet busy caregivers and families where they are, whether **In-Person** or **At-Home**. To do that, we have designed In-Person and At-Home models for running your program. The At-Home model is divided into three delivery methods: Real-Time, Self-Paced and Tech-Free. Your PTA can offer one or a combination of program delivery methods. Choose what works best for you and your school community, have fun and don't forget to celebrate your outcomes to foster a sense of community and shared success!

### In-Person

- ✦ Events are in person at the school or in a community location. They build conversation, community and learning.
- ✦ This program has engaging resources such as family handouts and a facilitator guide.
- ✦ Your PTA facilitates the programming and is responsible for bringing related materials to the program location.
- ✦ CDC and local public health guidance must be followed.

### At-Home

#### REAL-TIME

- ✦ Programs are live, virtual events conducted through a platform like Zoom or Google Meets. They build conversation, community, and learning online.
- ✦ This model gives families a chance to participate "together," even virtually. It uses engaging slides, handouts and a facilitator guide.
- ✦ Your PTA is facilitates the live, virtual programming, including sharing materials with families prior to and after the event.

#### SELF-PACED

- ✦ This program occurs at home, and each family facilitates the activities by themselves, at their own pace within a designated timeframe.

- ✦ This model gives families the flexibility to participate at a time that is most convenient for them.
- ✦ Your PTA sends out the materials and guides for families. This can be delivered beforehand or sent electronically. If you choose to deliver program materials to families, be sure to follow CDC guidelines. You should also coordinate advanced registration so your PTA can be sure to provide families with all the information they need to participate.

#### TECH-FREE

- ✦ This program happens at home without the use of technology. Each family facilitates the activities by themselves, at their own pace, during a designated timeframe. This is different from the Self-Paced model because families don't need access to the internet or devices to participate, which should make it more convenient and more accessible for some families.
- ✦ Your PTA prints, gathers and distributes all program materials to families, including family guides, handouts and any activity supplies needed. You should also coordinate advanced registration so your PTA can be sure to provide families with all the information and materials they need to participate. This can be done through paper sign-up forms at school pick-up or drop-off or sent home in school folders/backpacks.