# Sample Invitation Letter to Parents

Remove the text above and update the highlighted sections of the template to create a personalized invitation to send to your families.

Greetings parents/guardians of [Insert School Name],

We all know getting children to drink water can be a struggle. But it doesn’t have to be—we want to help make drinking water fun and easy for the whole family.

Come find out about healthy hydration at [Insert PTA Name]’s Healthy Lifestyles Month Event at [Insert Time] on [Insert Date] at [Insert Location]! The Healthy Hydration Program we are hosting at the event is fun, family-friendly and will help families live healthier lives.

After all, we know that one good habit leads to another—**97% of moms** believe that establishing healthy habits at an early age can have lifelong benefits! At the event, we’ll be offering **taste-tests** of infused water, **guessing games** to test your knowledge about the amount of sugar in popular household beverages, and **more fun**.

We sincerely hope you’ll be able to join us at our event on [INSERT DATE]. Research shows that **family engagement** leads to greater student success. Students with engaged parents are more likely to earn higher grades, attend school regularly, have better social skills and go on to college. We are very excited to see family engagement come alive in our event,and we hope to see you there!

Best wishes,

[Insert PTA President’s Name]

PTA President