



Building Empathy Activity Volunteer Guide

Understanding the feelings of others and how you can support your community online.

Description

In this session, families will read and discuss the common online scenarios and how they would respond to them. At the end of the activity, please have participants write their thoughts and reflections on the poster paper. You will present the poster for 30 seconds at the end of the night.

Activity Time

30 minutes

Resources Needed

- 1 Volunteer Leader
- 1 copy of the Building Empathy Handout per pair (50 copies for 100 attendees)
- Desks or tables to sit in pairs
- Pens on each table or desk
- Timer
- 1 poster paper for wrap up comments

Directions to Start the Activity

Welcome families as they enter your session. Help them to find a seat together and organize them into pairs. Pass out one activity handout per pair. When everyone has arrived at your station, use the script below to introduce the activity.

To start your activity session, SAY:

Hello, my name is _____. In this session, you will review scenarios to determine whether or not certain information is appropriate to share. Quietly, read the scenarios below and determine how you would answer the questions. When you are finished reading, each person will choose a scenario to discuss. After talking through the scenarios answer the last 4 questions as a group.

During the Activity

Set a timer for 15 minutes. Walk around to each person. If people seem stuck, try and provide examples to help them come up with more ideas. Encourage kids and parents to come up with stuff together.



Close the Session

After 15 minutes bring the group back together. When everyone is together, SAY:

Time is Up! Let's share out some thoughts by answering a few discussion questions.

- What do these scenarios have in common?
- Which one was the hardest to talk about? The easiest? Why?
- How would you address each of the scenarios if they were to happen to you?
- What responsibilities do we all have in our online communications? How can we help hold each other accountable?

As people leave the activity, ask them to share:

On the poster paper, take two minutes now to write a thought, reflection or something you learned from the session today. When you are ready, I will sign your passport.

Close the Activities

At the end of the third session, SAY:

Please take out your phones at this time and open the survey that was sent to you by the PTA when you registered for this event. We will have a few minutes in the close out session to complete this as well.

