# Tips for Recruiting Non-PTA Volunteers (So PTA Parents Can Participate!)

* Brainstorm with current PTA members for any connections they may have to volunteers outside of the PTA community (i.e., some PTA members may also participate in their church volunteer groups and could share this volunteer opportunity with their group).
* Reach out to local businesses and corporations. Larger companies often encourage or even offer incentives like paid time off for their employees to volunteer (e.g., Kohl’s Cares, Salesforce, Deloitte).
* Reach out to chefs from local restaurants who may want to participate by creating recipes or even preparing the food item for the Tasting Night.
* Reach out to community partners that are engaged in food and nutrition work including local non-profits, FoodCorps members, grocery stores, and other organizations that have nutrition initiatives in the community.
* Connect with your local high school and community colleges. See if a student organization wants to participate or if students want to volunteer to get service hours. If a local school or college has a culinary arts program this could be a great way to engage them in this work!
* Send an[**Invitation to Volunteer**](https://www.pta.org/docs/default-source/default-document-library/invitation-to-volunteers_thinkfun.docx) to teachers within your school district. Invite Family and Consumer Science teachers to be a part of the event. Ask the teachers not only at the school where you are hosting the event, but also the other schools in your area. Invite community members outside the school to join such as school board members, superintendents, teacher union representatives, state legislators, etc.
* Encourage volunteers to recruit friends.
* Make it easy to volunteer! Use the [**Volunteer Sign-Up Sheet**](https://www.pta.org/docs/default-source/default-document-library/volunteer-sign-up-sheet_thinkfun.docx) to track who has signed up for what activity.