

Healthy Lifestyles

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Day-of Checklist **Event Set Up** ☐ Make sure to have enough **seating** for the maximum number of attendees. Create tasting stations, if applicable. Help food service personnel and the chef **prepare the food** for the event. ☐ Clearly mark the registration table and consider creating a sign-in sheet for families and students to sign in at registration (you can use this information to track attendance, send families a follow-up thank you email and let them know about future PTA events). ☐ Have the **take home kits ready** to be handed out. Use this guide to find recipes and resources to include in the kits. (And, put them in a location where volunteers can easily pass them out.) **Volunteer Prep** ☐ Check with food service personnel, food supplier, and chef to **make sure everyone is prepared**. Assign volunteers individual roles to make sure all aspects are covered (i.e., registration table, vote tallies, food transport, take home kit hand-outs) **Event Logistics and Documentation** ☐ **Take pictures and videos** to report to National PTA and Aetna; these can also be used in your local communications. ☐ **Collect feedback survey** from families to determine if they liked or disliked the food item. ☐ Hang paper (bulletin board paper, easel paper, etc.) where families can rate if they liked or disliked the item by placing the sticker they were given on the paper. **Welcome ALL Families** ☐ Encourage parents to be active participants; it shouldn't just be the kids doing the tasting and Ask the principal or another school leader to greet families personally and thank them for coming. ☐ Make sure there is plenty of **parking available for families**. Ask teachers and staff to park elsewhere during the event if onsite parking is limited. ☐ Be sure to have welcome or directional signs in **multiple language** to represent your school community. If you don't have this, have a volunteer who speaks those languages milling about to assist as needed.



